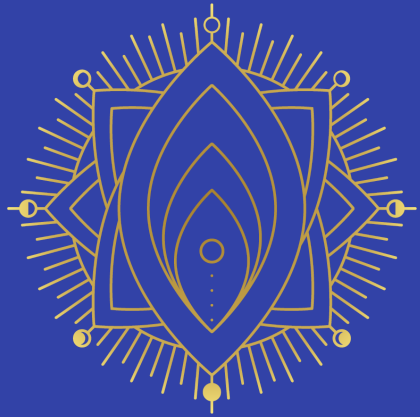


ENLIGHTENED BIRTH ONLINE

January 2022

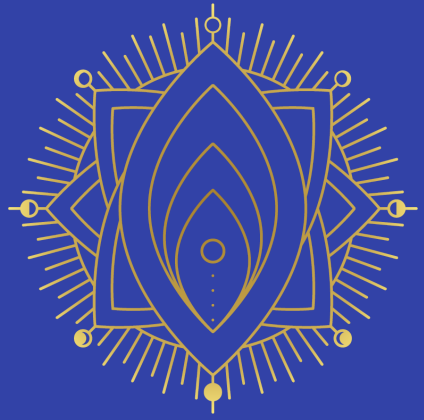


SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	1/10 - LOVE IS WHY			1/13 - OFFICE HOURS		
	1/17 - BIRTH AS A CEREMONY	1/18 YOGA FOR BIRTH				
	1/24 - POWER + PROGRESS					
	1/31 - THE ART OF SURRENDER					

- Core Teaching 5:30-6:45pm
- Bonus Class 5-6pm
- Office Hours 11am-1pm

ENLIGHTENED BIRTH ONLINE

February 2022



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	2/7 - TRUST BIRTH	2/8 - JUST FOR PARTNERS				
	2/14 - HEAL ALL THE WAY			2/17 - OFFICE HOURS		

- Core Teaching 5:30-6:45pm
- Bonus Class 5-6pm
- Office Hours 11am-1pm